



# DAVID BAILEY, PHD

SPORTS SCIENTIST & PERFORMANCE CONSULTANT

LAUSANNE, CH

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## SUMMARY

Sports scientists with extensive experience in high performance environments both in professional sport and commercial R&D. 20 years working in support of elite athletes and teams at World Championships and Olympic Games. Highly skilled project manager for research in both industry and academia.

## EMPLOYMENT

ISRAEL PREMIER

TECH

2022 - PRESENT

### Performance Scientist/Sports Nutritionist

Project manager for performance science activities in support of the professional cycling team as well as management of the sports nutrition group.

BAHRAIN-

MCLAREN

2018 - 2021

### Head of Performance

Head of performance and project manager for scientific support to the professional cycling team in collaboration with McLaren Applied Technologies.

BMC RACING

TEAM

2015 - 2018

### Head of Performance

Head of the performance science group responsible for managing projects in performance monitoring, physiological testing, equipment development, sports nutrition, and sports psychological.

NESTLÉ

2012 - 2014

### Senior Scientist/Project Manager

Global R&D project manager for Nestlé's sports nutrition business responsible for delivering international clinical trials and leading R&D projects product innovation and development.

ENGLISH

INSTITUTE OF

SPORT

2005 - 2012

### Performance Scientist/Senior Physiologist

Lead scientist managing the multidisciplinary science and medical teams for British Cycling and British Triathlon for the Beijing 2008 and London 2012 Olympic Games.

LOUGHBOROUGH

UNIVERSITY

2003 - 2005

### Research Fellow/University Lecturer

Post-doctoral researcher in exercise, recovery and nutritional interventions funded by Unilever and lecturer in exercise physiology, sports nutrition and research methodologies.

## EDUCATION

LOUGHBOROUGH

UNIVERSITY

1999 - 2003

### Doctor of Philosophy

Influence of Antioxidant Supplementation on Recovery from Muscle Damaging Exercise

LOUGHBOROUGH

UNIVERSITY

1999 - 1999

### Master of Science - Distinction

Exercise Physiology & Sports Nutrition

UNIVERSITY OF

GLAMORGAN

1996 - 1998

### Bachelor of Science (Hons) - First Class

Applied Sports Science

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## CONSULTANT

INTERNATIONAL  
TESTING AGENCY  
SEPTEMBER 2021 -  
PRESENT

### Performance Consultant

Consultant to ITA anti-doping on practices in elite endurance sport.

AMAZENTIS  
JUNE 2021 -  
PRESENT

### Sports Nutrition Consultant

Advisor for product development, R&D and application for Time-line sports nutrition products.

PILLAR APP  
JANUARY 2021 -  
PRESENT

### Performance Advisor

Sports science consultant for development of an artificial-intelligence application for endurance training.

IOC  
JULY 2020 -  
PRESENT

### International Olympic Committee Scientific Advisor

Expert adviser contributing to IOC consensus statements on sports nutrition.

RED BULL UK  
OCTOBER 2010 -  
JANUARY - 2013

### Sports Science Consultant

Co-ordination for sports science support to Red Bull UK athletes

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## SKILLS

- |                         |                            |                         |
|-------------------------|----------------------------|-------------------------|
| • Project Management    | • Sports Nutrition         | • Technical Support     |
| • Performance Modelling | • Environmental Physiology | • Quality Assurance     |
| • Data Analysis         | • Software Developer       | • Anti-doping Advisor   |
| • Team Leadership       | • Behaviour Management     | • First aider/lifeguard |

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## CREDENTIALS

- **Micro-Master of Business Administration**, Nestlé
- **Accredited Exercise Physiologist**, British Association of Sport and Exercise Sciences
- **Sports Nutrition Diploma**, International Olympic Committee
- **MS Office Specialist**, Microsoft
- **Advanced Leadership**, European Nutrition Leadership Platform
- **Level 3 Cycling Coach**, British Cycling

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## AFFILIATIONS

- Associate, European College of Sports Sciences
- Associate, European Nutrition Leadership Programme
- Advisor, International Amateur Athletics Federation
- Member, American College of Sports Medicine

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## LANGUAGES

ENGLISH

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Fluent

FRENCH

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Written B1, Spoken B1

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## REFERENCES

- Roger Hammond, INEOS Grenadiers, +44 7568 333485, hammond@ineosgrenadiers.com
- Eric Zaltas, Pivot Nutrition, +1 (862) 222-7124, ezaltas@gmail.com